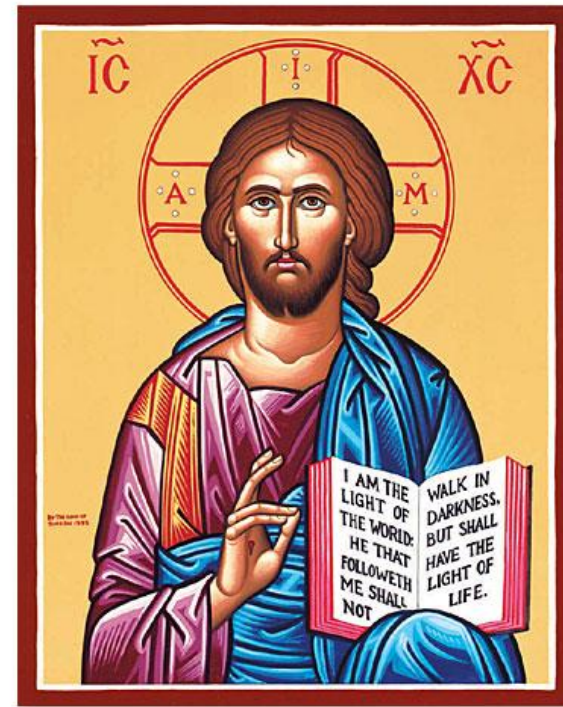


ܡܘܨܝܘܬܐ ܕܢܝܚܐ ܕܡܘܨܝܘܬܐ

MALANKARA ORTHODOX SYRIAN CHURCH

(Pampakkuda Namaskaram)

# The CANONICAL HOURS OF PRAYER



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**THE DIOCESE OF  
SOUTH-WEST AMERICA**

***“Seven times a day I praise You  
because of Your righteous judgments.”  
Psalm 119: 164***